

Four-Year Degree Plan for Major in Athletic Training

Note that this is a sample four-year plan. There are other course sequences that will allow a student to graduate within four years as long as prerequisite courses are taken in the proper sequence. This sample plan does not guarantee course availability, and adjustments to students' plans may be necessary if they are unable to take specific courses during specific semesters. Students who are placed into lower level AWR, MAT or other prerequisite courses will need to adjust their four-year plans accordingly. Similarly, students who bring in Advanced Placement, Dual Enrollment or transfer credit for courses will need to adjust their four-year plans. A minimum of a 2.0 GPA both overall and in the major is required for graduation. In addition to major requirements, all components of the Baccalaureate Experience must be completed in order to successfully graduate. A student must earn a minimum of 124 credit hours to qualify for the Bachelor of Science degree in Athletic Training.

First (Freshman) Year - Fall Semester

HSC 100	Personal and Family Health	3
ESC 110	Introduction to Exercise Science and Sport Studies	2
MAT 160	College Algebra	4
AWR 101	Writing and Inquiry	4
	Humanities/Fine Arts (SPE 208 recommended)	4
BAC 101	First-Year Seminar I	1
	or	
HON 101	Pathways to Honors 1	1

Subtotal: 18

First (Freshman) Year - Spring Semester

ATT 175	Athletic Training Practicum I	1-2
HSC 203	Nutrition	3
HSC 230	Human Anatomy and Physiology I	3
HSC 234	Human Anatomy and Physiology I Laboratory	1
ESC 105	Biokinetics and Conditioning	2
PSY 101	General Psychology	4
BAC 102	First-Year Seminar II	1
	or	
HON 102	Pathways to Honors 2	1

Subtotal: 15-16

Second (Sophomore) Year - Fall Semester

ATT 275	Athletic Training Practicum II	1-2
ESC 340	Applied Kinesiology	3
ESC 371	Prevention and Care of Sports Injuries	3
HSC 231	Human Anatomy and Physiology II	3
HSC 235	Human Anatomy and Physiology II Laboratory	1
HSC 250	Emergency Medical Response	3

Subtotal: 14-15

Second (Sophomore) Year - Spring Semester

ATT 274	Assessment of Musculoskeletal Injuries I	3
ATT 276	Athletic Training Practicum III	1-2
AWR 201	Writing and Research	4
CHE 152	General Chemistry I	3
CHE 153	General Chemistry I Laboratory	1
	Bacc Experience Course	4

Subtotal: 17

Third (Junior) Year - Fall Semester

HSC 130	Medical Terminology	3
HSC 371	Fundamentals of Pharmacology	3
ATT 377	Assessment of Musculoskeletal Injuries II	3
ATT 373	Therapeutic Interventions I	4
ATT 375	Athletic Training Practicum IV	1-2

Subtotal: 14-15

Third (Junior) Year - Spring Semester

ATT 370	Medical and Surgical Issues in Athletic Training	3
ATT 374	Therapeutic Interventions II	4
ATT 376	Athletic Training Practicum V	1-2
PSY 211	Statistics and Experimental Methods I	4
	or	
HSC 350	Biostatistics	3
BIO 198	General Biology I	3
	General Biology I Lab	
Bio 198L		1

Subtotal: 16-17

Fourth (Senior) Year - Fall Semester

ESC 460	Physiology of Exercise	3
ATT 475	Supervised Clinical Education Athletic Training I	2
ATT 495	Professional Topics in Athletic Training	3
ESC 330	Human Development and Motor Learning	3
	Social Science (SOC 100 recommended)	4

Subtotal: 16

Fourth (Senior) Year - Spring Semester

	Humanities/Fine Arts	4
ESC 380	Exercise Testing and Prescription	3
ATT 476	Supervised Clinical Education Athletic Training II	2
	General Elective (HSC 420 recommended)	2
	General Elective (ESC 301 recommended)	3

Subtotal: 14